



St. Patrick's Parish

Bereavement Support Group Information Sheet

For Adults over the Age of 18

Registration Packages are available thru the Parish Office

Space is limited!

Purpose

The purpose of the bereavement group is to offer a safe and compassionate environment where those who are in mourning can express and process their grief – an environment where they can come together to find empathy, companionship, and hope in one another, and in God.

Facilitator

There will be an approved facilitator leading the group.

Duration

The group will meet for seven to eight weeks starting **Monday, September 25, 2017**.

Meeting dates are listed below.

Size of Group

There is limited space. The group can consist of up to 20 participants.

Meeting Frequency/Length

The group will meet weekly from 7:00pm to 9:00pm

Meeting Location

The group will meet in the St. Brendan's Room

Meeting Dates

- | | |
|--------|---|
| Week 1 | Monday, September 25, 2017 |
| Week 2 | Monday, October 2, 2017 |
| Week 3 | Monday, October 16, 2017 |
| Week 4 | Monday, October 23, 2017 |
| Week 5 | Monday, October 30, 2017 |
| Week 6 | Monday, November 6, 2017 |
| Week 7 | Monday, November 13, 2017 |
| Week 8 | Monday, - November 20, 2017 Concluding Prayer Service |

Please Note: The group will not be meeting on October 9th, Thanksgiving Day

"For everything there is a season and a time for every matter under heaven: a time to be born, and a time to die... a time to weep, and time to laugh, a time to mourn and a time to dance." (Ecclesiastes.3.1-4)