



St. Patrick's Parish

Bereavement Support Group Information Sheet

For Adults over the Age of 18

Registration Packages are available thru the Parish Office

Space is limited!

Purpose

The purpose of the bereavement group is to offer a safe and compassionate environment where those who are in mourning can express and process their grief – an environment where they can come together to find empathy, companionship, and hope in one another, and in God.

Facilitator

There will be an approved facilitator leading the group.

Duration

The group will meet for seven to eight weeks starting **Monday, March 26, 2018**.

Meeting dates are listed below.

Size of Group

There is limited space. The group can consist of up to 20 participants.

Meeting Frequency/Length

The group will meet weekly from 7:00pm to 9:00pm

Meeting Location

The group will meet in the St. Brendan's Room

Meeting Dates

Week 1	Monday, March 26
Week 2	Monday, April 2 nd (Easter Monday)
Week 3	Monday, April 9
Week 4	Monday, April 16
Week 5	Monday, April 23
Week 6	Monday, April 30
Week 7	Monday, May 7
Week 8	Monday, May 14 - Closing Liturgy in Church @ 7pm with refreshments to follow

“For everything there is a season and a time for every matter under heaven: a time to be born, and a time to die... a time to weep, and time to laugh, a time to mourn and a time to dance.” (Ecclesiastes.3.1-4)